

Botox POST-Treatment Instructions

The guidelines to follow post treatment have been followed for years, and are still employed today to prevent the possible side effects of ptosis (drooping of the eyelids). These measures should minimize the possibility of ptosis.

- No straining, heavy lifting, vigorous exercise for 3-4 hours following treatment. It is now known that it takes the toxin approximately 2 hours to bind itself to the nerve to start its work, and because we do not want to increase circulation to that are to wash away the Botox® from where it was injected.
- Avoid manipulation of area for 3-4 hours following treatment. (For the same reasons listed above.) This includes not doing a facial peel or micro-dermabrasion after treatment with Botox®.
- Stay out of the sun for approximately four (4) hours following Botox treatment.
- It can take 2-10 days to take full effect. It is recommended that the patient schedule an appointment no later than 2 weeks after treatment. Enhancements (additional units of Botox®) can be administered if needed at same unit charge as original treatment.

Make-up may be applied before leaving the office.

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